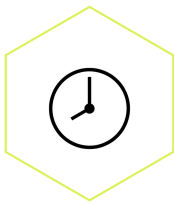


LUNCH PALS

SINCE 2017



OVER YOUR LUNCH

Have lunch with a child in a local public school twice per month for the entire school year.



FLEXIBLE SCHEDULING

We determine a schedule that works for you.



MAKE AN IMPACT

Make a friend, create positivity, build their confidence, have fun

WHO

Mentees - Participating students are identified by school counselors, teachers, and other key staff as they have identified:

- Need a Positive Adult Role-Model
- Demonstrate Poor Social Skills, Attendance or Self-Esteem
- Display Behavioral Issues, Inappropriate Attention Seeking Behaviors or Lack of Interest in School

Mentors - Local adult volunteers (age 18+) who have completed Companions for Children's screening process and can commit to volunteering for one school year (August–May).

WHAT

Mentors and students meet one-on-one during lunch to build a connection through conversation and simple activities. Each meeting includes access to pre-planned activities designed to help break the ice and encourage meaningful conversation in a relaxed setting.

WHEN

Matches meet twice per month during the student's lunch period, making this a consistent yet manageable volunteer opportunity within the school day.

MORE HERE



Lunch Pals+

SINCE 2023



In partnership with Independence, Inc., Lunch Pals+ pairs students with disabilities with Mentors who have lived experience with a disability—offering connection, representation, and encouragement through shared perspective.



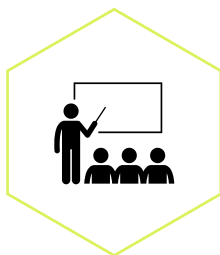
SPONSOR A SCHOOL

\$2,500



PROGRAM COSTS

There are no costs to the school to participate, making sponsorships imperative to this program's success. Sponsorship dollars help cover screening, training, and orientation for Mentors, to purchase materials for activities, holiday and beginning/end of year celebrations, Mentor Portal technology for safe reporting, and support staff to manage the program.



RECOGNITION

Business sponsors are recognized through logo placement on branded t-shirts for Mentors and through printed materials on match activities in the schools. In addition, businesses are recognized through "tags" on social media throughout the year.

